



Community Education  
 Witchford Village College  
 Manor Road, Witchford, CB6 2JA  
[www.witchfordcollege.co.uk](http://www.witchfordcollege.co.uk)  
 Tel: 01353 664468

## Course Information

### Reflexology

You will learn about Reflexology. It is an ancient healing and balancing system used for 1,000s of years that works on the pressure and reflex joints that relate to various body systems and organs. You will learn how to use your thumb and fingers to apply pressure on these joints. This is a non-invasive therapy and the feet and hands are the main treatment areas. Self-treatment will be covered. You will be required to remove your socks.

Target Group	This course is for those who want an introduction into reflexology.	
Skills or entry qualification	No previous experience or knowledge required.	
Programme area	1	
Venue	Witchford Village College	
Start Date	11 January 2011	
Day of the week	Tuesdays	
Time	7.00 - 9.30 pm	
No. of Weeks	5 weeks	
No. of Terms	1	
Learning Outcomes	There will be demonstrations, some theory work and lots of paired practical work. Detailed handouts will also be used for your reference throughout the course. You will be encouraged to practice your massage routines at home.	
How will your progress and success be monitored and recorded?	Your progress will be monitored with question and answer sessions throughout the course and by informal assessment of practical work.	
Course Level	Mixed Ability	✓
	Pre Entry	
	Level 1	
	Level 2 equivalent to 5 A-Cs GCSE or NVQ2	
	Level 3 equivalent GCE A Level	
	By Coursework or Portfolio	N/A
Tuition Fee	£54	
Concessionary fee	£40.50	
Additional Costs	N/A	

Requirements for first class	Pen, notebook, a flannel and bath towel and bottle of water. You will need to wear loose comfortable clothing (in layers).
Progression post achievement	You may wish to try other holistic courses or you may wish to further your knowledge or career and progress onto a qualification course.
What else will you have to do	We ask all students to complete an Enrolment form giving your details and it includes specific information for student monitoring by the Learning & Skills Council and is a requirement of entry to the course.
How do we know if you are happy with your course	We will offer you the opportunity to complete a mid and end of course evaluation, where you can let us have your feedback on the tuition and other elements of your course. We encourage your views as it enables us to improve the courses we offer. You may contact us at other times if you wish.
What else do we ask of you?	We would like you to let us know if you are unable to turn up to a class or are having any long-term difficulties. We like to know if there is a problem.
Equalities Statement	WVC operates an Equality of Opportunity policy. We will ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all can access activities. If you have specific needs, which may affect your learning you are entitled to a confidential interview where we can look at the support you require. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so we building a learning community based on mutual respect and trust.
Contact Us:	Email <a href="mailto:scook2@witchfordvillage.cambs.sch.uk">scook2@witchfordvillage.cambs.sch.uk</a> Or telephone 01353 664468.